

Program Change Request

APPROVED BY SENATE
12/08/2025

EP.26.063_FINAL
Approved by EP 11/17/2025

Date Submitted: 02/25/25 11:14 am

Viewing: **5093 : Aging and Health Minor, UG**

~~Interdisciplinary Minor in Aging, UG~~

Last approved: 04/04/22 10:44 am

Last edit: 10/29/25 12:20 pm

Changes proposed by: Kristi Carlson

Catalog Pages Using
this Program Interdisciplinary Minor in Aging

Proposal Type:
Minor (ex. European Union Studies)

This proposal is for
a:
Revision

In Workflow

1. U Program Review
2. 1581-HK
Committee Chair
3. 1581-HK Head
4. KY Committee Chair
5. KY Dean
6. University Librarian
7. COTE Programs
8. Provost
9. Senate EPC
10. Senate
11. U Senate Conf
12. Board of Trustees
13. IBHE
14. HLC
15. Catalog Editor
16. DMI

Approval Path

1. 02/26/25 10:13 am
Donna Butler
(dbutler): Approved
for U Program
Review
2. 02/26/25 10:47 am
Kristi Carlson
(carlo1): Approved
for 1581-HK
Committee Chair
3. 02/26/25 9:06 pm
Kim Graber
(kgraber): Approved
for 1581-HK Head
4. 03/17/25 8:29 am
Robbin King
(rlking10): Rollback

- to 1581-HK
Committee Chair for
KY Committee Chair
5. 09/28/25 3:04 pm
Kristi Carlson
(carlo1): Approved
for 1581-HK
Committee Chair
6. 09/28/25 7:44 pm
Kim Graber
(kgraber): Approved
for 1581-HK Head
7. 10/03/25 10:22 am
Robbin King
(rlking10):
Approved for KY
Committee Chair
8. 10/03/25 10:25 am
Robbin King
(rlking10):
Approved for KY
Dean
9. 10/03/25 11:02 am
Tom Teper (tteper):
Approved for
University Librarian
10. 10/03/25 11:21 am
Suzanne Lee
(suzannel):
Approved for COTE
Programs
11. 10/03/25 1:17 pm
Brooke Newell
(bsnewell): Rollback
to 1581-HK
Committee Chair for
Provost
12. 10/05/25 5:02 pm
Kristi Carlson
(carlo1): Approved
for 1581-HK
Committee Chair

13. 10/05/25 6:49 pm
Kim Graber
(kgrabber): Approved
for 1581-HK Head
14. 10/16/25 4:01 pm
Robbin King
(rlking10):
Approved for KY
Committee Chair
15. 10/16/25 4:01 pm
Robbin King
(rlking10):
Approved for KY
Dean
16. 10/17/25 9:56 am
Tom Teper (tteper):
Approved for
University Librarian
17. 10/17/25 9:58 am
Suzanne Lee
(suzannel):
Approved for COTE
Programs
18. 10/22/25 3:42 pm
Brooke Newell
(bsnewell):
Approved for
Provost

History

1. Apr 4, 2022 by Deb
Forgacs (dforgacs)

Administration Details

Official Program	<u>Aging and Health Minor, UG</u> Interdisciplinary Minor in
Name	Aging, UG
Diploma Title	
Sponsor College	Applied Health Sciences

Sponsor Health and Kinesiology

Department

Sponsor Name Kristi Carlson

Sponsor Email carlso1@illinois.edu

College Contact Steve Petruzzello

College Contact

Email

petruzze@illinois.edu

College Budget Suzanne Rinehart

Officer

College Budget srinehar@illinois.edu

Officer Email

If additional stakeholders other than the Sponsor and College Contacts listed above should be contacted if questions during the review process arise, please list them here.

Kristi Carlson, carlso1@illinois.edu, will handle all edits.

Does this program have inter-departmental administration?

No

Effective Catalog Term

Effective Catalog Term Fall 2025

Effective Catalog 2025-2026

Proposal Title

Proposal Title (either Establish/Revise/Eliminate the Degree Name in Program Name in the College of XXXX, i.e., Establish the Bachelor of Science in Entomology in the College of Liberal Arts and Sciences, include the Graduate College for Grad Programs)

Revise and Rename the Undergraduate Interdisciplinary Minor in Aging in the College of Applied Health Sciences

Does this proposal have any related proposals that will also be revised at this time and the programs depend on each other? Consider Majors, Minors, Concentrations & Joint Programs in your department. Please know that this information is used administratively to move related proposals through workflow efficiently and together as needed. Format your response like the following "This BS proposal (key 567) is related to the Concentration A proposal (key 145)"

Program Justification

Provide a brief description, using a numbered item list, of the proposed changes to the program.

1. Revised plan of study to reflect new HK rubric. With this revision, all courses previously labeled IHLT/REHB/CHLH/KIN have been changed to HK.
2. This proposal seeks to rename the minor as Aging and Health.
3. This proposal seeks to revise the curriculum within the minor. Two courses, RST 316 and SHS 271, which had previously been electives, were added as required courses. PSYC 361, which is no longer offered, was removed as a required course. In addition, changes were made among the courses that are listed as electives for the minor, so as to better prepare students for their future careers. The following courses were removed as electives: SOCW 315, CHLH 494, EPSY 407, and UP 340. The following courses were added as electives: HK 271, HK 304, HK 342, HK 400, HK 403, HK 405, HK 413, HK 441, HK 472, SHS 352, and SHS 480. Statement regarding Internship/Independent Study as an elective option was also revised for simplicity.
4. The minimum total hours for this minor remain unchanged, however, the distribution of hours between required courses and electives has changed.

Provide the reasoning for why each change was necessary, using a corresponding numbered item list as it relates to the brief description numbered list above.

1. There is a revised plan of study to reflect the new HK rubric. With this revision, all courses previously labeled as IHLT/REHB/CHLH/KIN have been changed to HK. Because five rubrics were funneling into one rubric through this transition, in some cases, courses have also been renumbered.

2. Through conversations with students, we have learned that the title, "Interdisciplinary Minor in Aging," is confusing to students and doesn't give them a clear indication of what the program might entail. The proposed title of "Aging and Health" makes it clear to students that the focus of the program is on human aging and one's health as they age.

3. Over the past year, members of the Minors and Certificates Committee have done an extensive review of the minors offered within the Department of Health and Kinesiology. Based on their findings, we are proposing to revise the curriculum in order to better prepare students for their future careers. The proposed list of courses provides students with a strong foundation in aging and health, from a variety of perspectives.

4. The minimum total hours for this minor remain unchanged, however, the distribution of hours between required courses and electives has changed. Because of the changes proposed to the curriculum, students are now required to take 12 hours of required foundational courses, and 6 hours of elective courses. Previously, students took 9 hours of required foundational courses and 9 hours of elective courses.

All letters of acknowledgement and/or support were obtained from individuals who were serving in the role of Department Head at that time.

Instructional Resources

Will there be any reduction in other course offerings, programs or concentrations by your department as a result of this new program/proposed change?

No

Does this new program/proposed change result in the replacement of another program?

No

Does the program include other courses/subjects outside of the sponsoring department impacted by the creation/revision of this program? If Yes is selected, indicate the appropriate courses and attach the letter of support/acknowledgement.

Yes

Courses outside of the sponsoring department/interdisciplinary departments:

SOCW 315 - Social Serv for Older Adults
PSYC 361 - The Psychology of Aging
SHS 271 - Communication and Aging
EPSY 407 - Adult Learning and Development
UP 340 - Planning for Healthy Cities
RST 316 - Human Development and RST
SHS 352 - Hearing Health and Society
SHS 480 - Disability and Assistive Tech

Please attach any
letters of support/
acknowledgement
for any
Instructional
Resources.
Consider faculty,
students, and/or
other impacted
units as
appropriate.

[Letter of Acknowledgement_SOCW.pdf](#)
[Letter of Acknowledgement_PSYC.pdf](#)
[Letter of Acknowledgement_EPSY.pdf](#)
[Letter of Acknowledgement_UP.pdf](#)
[Letter of Support_SHS.docx](#)
[Letter of Acknowledgement_SHS_Woods.pdf](#)
[Letter of Acknowledgement_RST_Santos.pdf](#)

Program Features

Academic Level Undergraduate

Is this minor?

An interdisciplinary study focusing on a single theme

Is this program part of an ISBE approved licensure program?

No

Will specialized accreditation be sought for this program?

No

Other than certification via the students' degree audits, is there any additional planned mechanism to award/honor successful completion of the minor?

No

Does this program prepare graduates for entry into a career or profession that is regulated by the State of Illinois?

No

Program of Study

An undergraduate minor should consist of at least 16 - and no more than 21 hours - of course work, with at least 6 hour of 300- or 400- level courses. Except for clearly remedial offerings, prerequisite courses within the sponsoring unit count towards the total; prerequisite courses outside the sponsoring unit do not count toward this total. The unit sponsoring the minor and that unit's college may set educationally necessary prerequisites for eligibility for the minor within these constraints. Does this proposal meet these criteria?

Yes

Revised programs [Side by Side Aging and Health Minor - Revised.xlsx](#)

Catalog Page Text - Overview Tab

Catalog Page Overview Text

Statement for
Programs of Study
Catalog

Minimum required course work: Students must complete 12 hours of required coursework and 6 hours of elective coursework, including at least 6 hours of 300- or 400-level courses that are not used in any other major or minor.

Required Courses		9
IHLT 240, Health and Aging Policy		
CHLH 404	Course CHLH 404 Not Found	
PSYC 361	The Psychology of Aging	
Additional aging-related courses chosen from the following list:		9
KIN 459	Course KIN 459 Not Found	
<u>Foundational Courses (Required)</u>		<u>12</u>
<u>HK 272</u>	<u>Aging and Health Policy</u>	<u>3</u>
<u>HK 404</u>	<u>Gerontology</u>	<u>3</u>
<u>RST 316</u>	Human Development and Recreation, Sport and Tourism	3
<u>SHS 271</u>	Communication and Aging	3
KIN 386	Course KIN 386 Not Found	
EPSY 407	Adult Learning and Development	
UP 340	Planning for Healthy Cities	

~~Students may also earn elective credit by participating in an aging-related internship or independent study that is also pre-approved by the advisor for the minor. Minor modification forms should be filled out if you~~

are requesting to use an independent study or internship. Forms can be found at <http://provost.illinois.edu/files/2017/01/Minor-Modification-Form.pdf>.

Elective Courses:

6

<u>HK 271</u>	<u>Health Equity in the United States</u>	<u>3</u>
<u>HK 304</u>	<u>Introduction to Aging</u>	<u>3</u>
<u>HK 342</u>	<u>Health Behaviors and Cognition</u>	<u>3</u>
<u>HK 351</u>	<u>Exercise Instruction & Older Individuals</u>	<u>3</u>
<u>HK 400</u>	<u>Human-Robot Interaction for Health and Wellness</u>	<u>3</u>
<u>HK 403</u>	<u>Technology, Health, and Aging</u>	<u>3</u>
<u>HK 405</u>	<u>Aging with Disability</u>	<u>3</u>
<u>HK 413</u>	<u>Chronic Disease Epidemiology</u>	<u>3</u>
<u>HK 441</u>	<u>Physical Activity and Chronic Diseases</u>	<u>3</u>
<u>HK 459</u>	<u>Physical Activity Across the Lifespan</u>	<u>3</u>
<u>HK 472</u>	<u>Health and Kinesiology Study Abroad</u>	<u>3</u>
<u>RST 335</u>	Leisure and Consumer Culture	3
<u>SHS 352</u>	<u>Hearing Health and Society</u>	<u>3</u>
<u>SHS 480</u>	<u>Understanding Disability and Assistive Technology</u>	<u>2</u>
<u>SOCW 240</u>	Death & Dying	3
SOCW 315	Social Work Services for Older Adults	
<u>CHLH 494</u>	<u>Course CHLH 494 Not Found</u> (Special Topics courses must include aging-related content and be approved by the Aging minor advisor)	

Internship or Independent Study – In consultation and upon approval with minor advisor, students may apply up to 3 credit hours towards this requirement.

Total Hours

18

Program Regulation and Assessment

Plan to Assess and Improve Student Learning

Illinois Administrative Code: 1050.30(b)(1)(D) Provision is made for guidance and counseling of students, evaluations of student performance, continuous monitoring of progress of students toward their degree objectives and appropriate academic record keeping.

Are the learning outcomes for the program listed in the Academic Catalog?

No

Student Learning Outcomes

1. Describe the biological, psychological, and sociological aspects of the aging process.
2. Develop solutions for an aging population's needs in areas such as personal finance, transportation, increased demands for health care, assisted-living options and recreation.
3. Advocate for age-friendly policies and practices.

Describe how, when, and where these learning outcomes will be assessed.

Describe here:

Identify faculty expectations for students' achievement of each of the stated student learning outcomes. What score, rating, or level of expertise will signify that students have met each outcome? Provide rating rubrics as necessary.

Explain the process that will be implemented to ensure that assessment results are used to improve student learning.

Program

Description and

Requirements

Attach Documents

Delivery Method

This program is
available:

On Campus - Students are required to be on campus, they may take some online courses.

Enrollment

Will the department limit enrollment to the minor?

No

Describe how the department will monitor the admission to/enrollment in the minor.

The Department of Health and Kinesiology will provide and coordinate two enrollment periods (fall and spring semesters) for the minor each academic year. Students will indicate their intent to declare a minor by completing the Minor Declaration Form available on both the Department and College website. Once it is confirmed that a student meets the criteria outlined on the Minor Declaration Form, they will be admitted to the minor. The minor will be open to all undergraduates. The Department of Health and Kinesiology has a faculty member who oversees all minors within the department, and who will be responsible for advising all students enrolled in the minor programs.

Are there any prerequisites for the proposed minor?

No

Describe how this revision or phase down/elimination will impact enrollment and degrees awarded. If this is an elimination/phase down proposal include the plans for the students left in the program.

This revision will have no/minimal impact on enrollment or degrees awarded.

Budget

Are there
budgetary
implications for this
revision?

No

Will the program or revision require staffing (faculty, advisors, etc.) beyond what is currently available?

No

Additional Budget
Information

Attach File(s)

Financial Resources

How does the unit intend to financially support this proposal?

Will the unit need to seek campus or other external resources?

No

Attach letters of
support

Library Resources

Describe your proposal's impact on the University Library's resources, collections, and services. If necessary please consult with the appropriate disciplinary specialist within the University Library.

The proposal was shared with the Library's Applied Health Sciences subject specialist who indicated that the Library already acquires material for this area, including online and print books and journals, as well as relevant databases. The current proposal has no impact on library resources and services.

EP Documentation

EP Control Number EP.26.063

Attach Rollback/
Approval Notices

Non-EP Documentation

U Program Review
Comments

Rollback
Documentation and
Attachment

DMI Documentation

Attach Final
Approval Notices

Banner/Codebook
Name

Interdisciplinary Minor in Aging

Program Code: 5093

Minor	5093	Conc	Degree	
Code		Code	Code	Major
				Code

Senate Approval

Date
Senate Conference
Approval Date
BOT Approval Date
IBHE Approval Date
HLC Approval Date
DOE Approval Date
Effective Date:

Program Reviewer
Comments

Wesley Wilson (wjwilson) (03/07/25 11:37 am): I wonder if more specific justification could be provided for why the minor is moving away from being interdisciplinary than "to better prepare students for their future careers". Beside that, no additional comments.

Justin Aronoff (jaronoff) (03/07/25 11:51 am): I also have concerns about insufficient justification from moving from an interdisciplinary minor to a more discipline-specific minor.

Jacob Fredericks (jfred) (03/07/25 3:35 pm): I also share concerns that this program seems to move away from interdisciplinary benefits. I would like to see more justification for the reasoning behind removing courses that seem to be an excellent fit for the study of aging and health, including those offered within the College, such as RST 316 and SHS 271.

Robbin King (rlking10) (03/17/25 8:29 am): Rollback: Rolling back: Please see committee comments, make appropriate edits and re-submit.

Kristi Carlson (carlso1) (09/28/25 3:04 pm): Faculty members from SHS, RST, and HK worked collaboratively to determine the appropriate courses to be included in the Aging and Health minor. The proposed changes maintain an interdisciplinary focus within the minor.

Brooke Newell (bsnewell) (10/03/25 1:17 pm): Rollback: Per email discussion with Kristi C and Steve P.